

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Minutes 9-22-2020

In Attendance: Kelsie Bednarz, Tracey Carney, Rebecca Coleman, Traci Colley, Chris Conway, Wendy Duemmler, Laurel Healy, Dennis Joyner, Denise Lamar, Jarrod McCraw, Christina Neal, Wendy Nielsen, Cindy Payne, Kim Preston, Chris Sherill, Christine Skrutowski, Stephanie Starr, Mark Strickland, Belle Walker.

Business:

- 4:00 pm- meeting opened on 9-22-20.
- Minutes from 11-12-19 approved.
- Introductions of new members: Kelsie Bednarz- School Nutrition, Laura Beachum- UCPS EC Director, Rebecca Coleman and Chris Sherill- Cardinal Innovations
- Reviewed the 19-20 school year goals
- **GOAL 1:** Expand community awareness regarding drug and tobacco/vaping use in Union County, NC with a focus on school-aged children.

Stephanie Starr, UC Director of Student Support and Outreach, discussed that we had great traction before COVID started. The UCPS tobacco curriculum had not been updated since 2012, and did not include material on vaping. Updated vaping programs had been reviewed to enhance the curriculum. Luka Kinard had been approved to speak to middle school students about his story. He had an addiction to vaping and received treatment. Forming Parent Forums and Teen Groups were discussed.

- **GOAL 2:** Establish student support teams, and crisis and cluster response teams within the Union County Public School System.

Tracey Carney, Social Emotional Learning Coordinator, gave an update about this goal since we last met in November. She discussed that there is now a Student Support Directory by schools and clusters. LEADS meet weekly to problem solve issues and listen to guest speakers. Crisis Response Teams are set up within school clusters. For example, the teams will respond to schools when there is a crisis, such as a student death.

Continuing to work towards a cohesive student support team.

GOAL 3: Train within Union County Public Schools System on Youth Mental Health First Aid (YMHFA).

Belle Walker, Lead School Social Worker, gave an update on the training. The class was offered 3-4 times last school year. 10 participants are needed to have a class. They received the virtual training certificate so it can now be offered virtually to staff and the community. They would like to offer a Saturday training to get different participants that may not be able to attend during the week.

- Stephanie Starr reviewed the Community Health Improvement Plan. Data collection started in November 2019. As of September 2020, the highest priorities listed were mental health, access to care, and substance use disorder. Anxiety was the number one mental health issue and depression was number two. Drinking and vaping were the highest percentage of substances used by teens. The complete PPT is attached for review, as well as the link. <https://www.unioncountync.gov/departments/community-support-outreach/community-health-reports>

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Behavioral Health Collaborative reports:

- Served 90 students during its first month of operation (December 2018)
- Served over 3,000 students in FY19 (Dec 2018- June 2019)
- Served 2,771 students during the first 6 months of FY20 (July – Dec 2019)
- Served 8,502 students and 6,344 parents. Completed 3,424 food deliveries.
- Over four thousand check-ins and therapy sessions were completed by our school social workers and behavioral health therapists thus far in 2020.
- It was agreed that the same 3 goals will continue for the 2020-2021 school year.
- Next SHAC meeting is on Tuesday, November 10 from 3-4 pm via Zoom.
- Meeting adjourned at 4:40 pm.